

Harvest festival activities



Harvest
Appeal
2018



Get the whole school thinking about harvest and access to good food and clean water with this short, interactive session aimed at KS1.

You will need:

- Paper plates
- Pictures of breakfast food
- Blu tack
- Dice
- Chantal, Evelyne and Moustaphas' stories

Start the session by explaining that you will be talking all about food. Ask the class what their favourite food is and why? Let them know that you are going to play a game, a bit like beetle drive, but instead of racing to draw a beetle you will be competing to build a breakfast!

Give each pair a paper plate, a dice and pictures of enough breakfast items to build their breakfast. Explain that they have to roll the dice and each number represents the food in front of them. The aim is to collect a complete breakfast plate.

Once the first team completes their breakfast, announce the winner and ask the young people why they think today's session is all about food? It's because you are celebrating harvest, a time when people give thanks for the food available to them.

Read out Chantal, Evelyne and Moustapha's stories and ask the class why they think water is so important for helping people to grow and harvest crops?

Explain that WaterAid is a charity which helps bring clean water to communities where there is none. They are trying to make sure that communities across the world are able to celebrate a plentiful harvest.

Why not get your class involved in a harvest themed fundraiser for WaterAid this autumn? You could hold a harvest lunch, including dishes prepared using our Burkina Faso recipes, and invite parents along in return for a small donation.

Breakfast drive items and corresponding numbers:

- **Toast = 6** (this has to be the first item on the plate)
- **Eggs = 5** (2 per plate)
- **Orange juice = 4** (1 per plate)
- **Spoonful of baked beans = 3** (3 per plate)
- **Tomatoes = 2** (2 per plate)
- **Mushrooms = 1** (1 per plate)