

A young woman with long brown hair in two braids is crawling through a muddy bog. She has mud smeared on her face and is wearing a black long-sleeved shirt with a blue graphic and black leggings. She is looking up with a wide, joyful smile. The background is a natural bog setting with mud, water, and fallen leaves.

BOGSTACLE

CAN YOU BEAT THE BOG?

**SATURDAY
27 OCTOBER**

**Pippingford Park,
East Sussex**

BOGSTACLE

The super fun mud run where your sponsors decide how hard your course is!

ENTRY FEES

	Aug	Sept	Oct
5k	£30	£35	£40
10k	£40	£45	£50



**DON'T FINISH FIRST.
FINISH FILTHY!**

Registered charity numbers: 288701 (England and Wales), SC039479 (Scotland)
Photos: RandR Photos UK & Brendan Foster Photography

Sign up now
wateraid.org/uk/bogstacle
0207 793 4594