

# Sunday School activities

Inspire younger members of your congregation with our fun, easy ideas for Sunday School. Activities are recommended for ages 7+ but can be adapted for other age groups too.



**Harvest  
Appeal  
2023**

## **This session will get the group thinking about growing food and the importance of having reliable water.**

Begin by explaining that at harvest time, we celebrate and give thanks for food grown on the land.

Open a discussion on the things plants need to grow (good soil, sunshine, water). Now talk about climate change, and how across the world, rain is becoming more unpredictable. In many places, dry seasons are lasting longer. How does this impact people's ability to grow food?

11-year-old Rosine lives in Burkina Faso, a hot, dry country in West Africa, where climate change is making it even more difficult to grow food. Thanks to a reliable supply of water for the school garden, Rosine and her class can now grow food to eat. They have learnt all about growing plants and how to make them thrive. Children at Rosine's school can be healthier. They can also sell excess produce to the local community, so everyone benefits.

This harvest, our church is fundraising for WaterAid's Harvest Appeal. We are helping more communities get reliable clean water so they can grow food and have harvests to celebrate too.



## **Activity**

Ask the children to bring in an old plastic container. Make some drainage holes in the bottom, fill it with soil and plant your seeds. Talk together about how to keep the plants alive over the coming weeks.

## **You will need:**

- **Water**
- **Soil**
- **Seeds** (you could use onions, tomatoes, aubergines and lettuce to tie in with the plants Rosine is growing)
- **Old plastic containers**

