WEEK.

CAN YOU COMPLETE THE ULTIMATE DRY JANUARY CHALLENGE?

WEDNESDAY

1 JAN

LET THE

CHALLENGE

BEGIN >>>>>>

THURSDAY

HEADACHES?

few days are the

Everyone says the first

2 JAN

FRIDAY

3 JAN

PUB TRIP

PLANNED?

Ask your friends to

would have spent on

buying you a drink.

donate what they

SATURDAY

SUNDAY

5 IAN



ONE MONT



MONDAY

6 JAN

of Christmas.

CAFFEINE!

MUST AVOID

First full week at work.

Not ready. Dreaming

TUESDAY

7 JAN

8 IAN

STRUGGLING

Hit us up if you have

ustwater@wateraid.org

any questions on

THIS WEEK?

9 IAN

hardest

Need a pick me up? Liven up your water with a slice or two with lemon.

10 JAN

11 JAN Hosting a dinner

4 IAN

GOT A SPECIAL

donate to you £24 to

raise a glass pass, so

you can take a day off.

OCCASION?

Ask someone to

party? . Why don't you use our recipes inspired by drinks you're missing the most, ask your guests to make a donation on arrival.

12 JAN WEEK 2 COMPLETE.

HATS OFF TO YOU!!

WEEK

WEEK

WEEK

13 JAN

HIT A WALL?

Remember why you're doing this – to help bring water and fresh hope to people around the world.

14 JAN

15 JAN

HAPPY WEDNESDAY!

Why don't you donate to yourself what you would normally spend on coffee this morning?

16 JAN

HALF WAY THROUGH!!

Why don't you celebrate by posting about it on your social media page?

17 JAN

18 JAN

19 JAN

WEEK 3 DONE. ARE YOU SURVIVING?

Circle: Yes/ No

Juliette's family in the village of Ambohimanatrika, Madagascar.

The money you raise this month can help bring clean water to families like Juliette's around the world.

20 IAN Monday motivation: By

drinking Just Water you are helping to transform the lives of people like Juliette and her family

<<<<<<

21 IAN

Need a pick me up? Liven up your water with a slice or two of lemon.

IT'S NOT CHEATING! **22 JAN**

23 JAN

TOP TIP: Try some mint in hot water. It's delicious

24 JAN National complement

day – say something nice to your friends and ask them for a donation in return

25 JAN

26 IAN **4 WEEKS DOWN!**

Celebrate with a nice glass of fizzy (water).



SHOW YOUR TEAM SPIRIT

Grab your water bottle, label it up, take a pic, and share on social media.

#TeamJustWater

27 JAN WEEK

FINAL PUSH!

Ask your friends and family for donations to see you over the finish **28 JAN NEARLY THERE.** **29 JAN DON'T GIVE UP** NOWWW.

30 JAN HOW **EXCITED ARE YOU**

TO DRINK

[™] 31 JAN YOU DID IT! **Congrats**

on drinking **Just Water for a** whole month!

Donate £24 for 24 hours off

Donate £48 for a whole weekend off £24 will provide one person with safe water

TOMORROW?

