

This January I am binning the booze
and canning the caffeine in the
hardest challenge of self-restraint out
there for WaterAid's Just Water!

Donate to my Just Giving page:

**I AM SERIOUSLY
STRUGGLING!**

**JUST
WATER**

**JUST
WATER**

I FEEL FABULOUS!

Donate to my Just Giving page:

This January I am taking on the
ultimate detox and resetting my body
by drinking nothing but water for
WaterAid's Just Water!