# How to take a selfie

We'd love for you to take a selfie with your Just Water bottle at the end of the challenge! It's a great way to show off your hard work during your challenge with your friends and family who have supported you – and we'd love to share your fabulous snaps to shout out to #TeamJustWater!



## Lighting

Make sure you have good light! Natural light it best, so take your selfie during the day. But if you have particularly good lighting in the bathroom, say – that could work just as well!

Avoid harsh spotlights – they can be unflattering.

### Angles

Take the photo slightly from above and tilt your phone downwards slightly – no double chins with this shot!

### Framing and background

Keep your background fairly simple if possible – we don't want anything distracting your beautiful face!

### Visible logo and lettering

Show the Just Water and WaterAid branding in the photo so everyone can see it!