

March for Water distance tracker

Pledge, stride, share for change

Just put in your pledged distance, record your distance walked each day and add up your weekly totals to keep track of your goal



March
for
Water

Name:					Fri 1	Sat 2	Sun 3	Weekly total
Pledge distance goal:		km			TIME TO LACE UP!	Share your shoelace selfie using #MarchforWater		
Mon 4	Tues 5	Wed 6	Thurs 7	Fri 8	Sat 9	Sun 10	Weekly total	
		Save cash and walk to work/school		International Women's Day		Perfect day for a relaxed Sunday stroll		
Mon 11	Tues 12	Wed 13	Thurs 14	Fri 15	Sat 16	Sun 17	Weekly total	
	Time to take the dog for a walk?				You're halfway there – keep going!			
Mon 18	Tues 19	Wed 20	Thurs 21	Fri 22	Sat 23	Sun 24	Weekly total	
		International day of happiness		WORLD WATER DAY		A good day to get out of town and into some fresh air		
Mon 25	Tues 26	Wed 27	Thurs 28	Fri 29	Sat 30	Sun 31	Weekly total	
Start the week well with a walk!				Going out? Why not walk there? But get a taxi back if needed!		CONGRATULATIONS on completing your March for Water!		

My final distance achieved:

km

www.wateraid.org/uk/march

Registered charity numbers 288701 (England and Wales) and SC039479 (Scotland)

