

A MILLION HANDS

WATER SANITATION AND HYGIENE (WASH) RESOURCE PACK

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In partnership with



THE A MILLION HANDS BIG MOMENT

Clean drinking water and good sanitation are essential, yet one in ten people around the world still lack basic access to clean water, while 2.3 billion – that's one in three people – have nowhere adequate to go to the toilet. As a result, 800 children die from diarrhoea every single day.

But it doesn't have to be this way; in our lifetime, we can end this crisis, and Scouts can be part of making this happen.

Walk for Water

A Walk for Water is a sponsored walk to increase awareness of water and sanitation issues and to raise money to support Scouts in Madagascar who are working with their communities, local organisations and the government to help improve access to clean water and sanitation across their country, where over half of the population has no choice but to drink water so dirty it could kill them.

How you do the walk is up to you. You can create a walk that challenges your Beaver Scouts and reflects the global crisis and how Scouts and WaterAid are working on water and sanitation issues.

Water Walk Inspiration

Cub Scouts could carry some water or other objects on their water walk to get a sense of the burden of having to carry water over long distances. In some developing countries, many women and children have to walk long distances carrying water in containers as heavy as 20kgs – that's the same weight as the average airline luggage allowance.

The walk could be an equivalent distance or amount of time that a young person who doesn't have easy access to clean water would have to do. In Sub-Saharan Africa, women and young girls walk an average of half an hour to collect water sometimes up to four times a day. This is an average, so some people have to spend even more time collecting water.

Perhaps you will find a local water feature important to the history of water and sanitation provision in your town, or take a water journey along a canal or riverside.

The important thing is to organise your sponsored walk for between 17 and 25 of March 2018, and to make some noise about it in your community.

World leaders have committed to ensure universal access to water and sanitation by 2030. By working with WaterAid through the A Million Hands partnership, Scouts can help achieve this ambitious goal and transform lives across the globe.

CALENDAR

<p>September 2017</p> <p>Understand the Issue</p> <p>Do the water carry challenge and send us an email to let us know you are supporting us and we'll send you your welcome pack.</p>	<p>October 2017</p> <p>15 October: Global Handwashing Day</p>	<p>November 2017</p> <p>Plan Action</p> <p>Plan your water walk using the support in this pack.</p> <p>We'll send you a fundraising pack too as you plan your action.</p> <p>17 November: World Toilet Day</p>	<p>December 2017</p> <p>Contact your MP or any local celebrities to join you on your walk.</p>	<p>January 2018</p>	<p>February 2018</p>
<p>March 2018</p> <p>Take Action</p> <p>17-25 March</p> <p>Do your Walk for Water!</p>	<p>April 2018</p>	<p>May 2018</p> <p>Learn and Do More</p> <p>Find out where to look for more information on water and sanitation.</p>	<p>June 2018</p> <p>Tell the World</p> <p>Share the message around water and sanitation with others by organising a community event.</p>	<p>July 2018</p>	<p>August 2018</p>

UNDERSTAND THE ISSUE

Water carry challenge

Overview: An activity for Cub Scouts to discover how young people transport water in countries without easy access to clean water.

Outcome: Through the activity Cub Scouts will understand the practical difficulties associated with the water crisis and empathise through experience.

Time: 30 minutes

Equipment: Buckets, disposable water bottles of various sizes, water bladders, 20-litre water canisters, any available water transporting containers

Linked badges:



Activity instructions:

1. Ask the Cubs where they get water from. Explain that in Madagascar some children their age have to bring home the water for their families. Sometimes walking over long distances to collect dirty water, sometimes up to four times every day.
2. Ask them if they think they could carry a lot of water. Show them a 500ml bottle of water. How many of these do you think they could carry? Explain that you are going to give them a challenge to work out how they could carry the water needed by someone in these conditions.
3. Now show them the 20-litre container (or two 10-litre buckets or another traditional water carrying device) and explain that this is the size they would need to carry the water for one person for one day.
4. Bring together enough containers to carry 160 litres of water and explain that this is how much a person in the UK uses each day (for baths, washing clothes, washing dishes, cleaning teeth, flushing the toilet and drinking).
5. Organise the Cubs into small groups and give each group a selection of different sized containers to work out how to carry the water.
6. Ask them to show the other groups how they are going to carry the water (a great photo opportunity).
7. Offer the demonstrator from each group the empty containers to try.
8. Part-fill the containers with water and ask someone to carry them around the meeting place for five minutes.
9. Get the Cubs to share their thoughts about the activity and the lives of the people carrying this water every day. Prompt them to think about how long it might take (up to four hours a day), how far they would carry the containers, and what they are missing by spending this time carrying water (school mainly).
10. Explain that as a section you are going to be helping Malagasy Scouts help solve their local water crisis by raising awareness and fundraising in the UK.
11. Contact WaterAid for our Malagasy Scout information Pack from scouts@wateraid.org.

PLAN ACTION

Overview: Between 17 and 25 of March your Pack will undertake a local Walk for Water to raise money for a Scout Programme in Madagascar to help solve the water crisis there and to share the message of the water crisis with the local community.

Outcome: Cub Scouts can help with the planning of the walk and take some responsibility for identifying people who can help support the activity. By the end of the session the Pack will be ready to collect sponsorship and know the reason for the route they are taking.

Time: 1 hour

Equipment: Printed maps, colouring pens or pencils, photographs of local water features (optional)

Linked badges:



Activity instructions:

Introductory game

Round one

1. Explain that you are going to be planning a walk around the local area looking at places they might visit and water features that are part of our everyday lives.
2. Ask the Cubs questions about places they may know in their local area (see round one below).
3. If their answer is 'yes', ask them to complete an action (eg touch their nose).
4. Ask them further questions from round one with actions attached to them (stand on one leg etc).
5. Once you have asked all of the different questions from round one, ask them if they feel busy and tired (they should all be in knots and wobbling around by now).
6. Emphasise that this activity is all about finding a route for your walk and thinking about people you might meet while you are on it. You will need to adapt the questions to your local area.
7. Now start on the round two set of questions (about water features in your area). For hints and tips contact your local water company, or check Google – there is a surprising amount of information to be found about your local water and sanitation systems online.
8. Again you may need to adapt the questions to suit your local area and to ensure that each young person gets to answer 'yes' at least once.

Example questions - round one

Who visits their sports centre regularly?

Who knows a doctor or nurse?

Who goes to a place of worship often?

Who knows someone who works in a shop?

Who has been to a local museum or gallery?

Example questions - round two

Who knows where the canal is?

Who knows the name of a river near here?

Who knows where the water tower is?

Who knows where the sewers run?

Who knows the location of the public toilets?

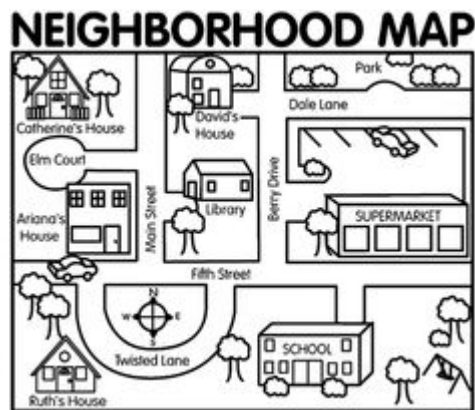
Who knows the place you can find the old water pump?

Planning the Walk for Water

Explain that the last activity shows that they live within a network of connections to people and places. Tell them they are going to create a map of their local area. This will help them identify the water and sanitation features they might visit on their walk. They will also think about their network of people who will be able to help with sponsorship of their walk and those who will help them share messages about the water issue in an effective and powerful way.

Explain that being prepared is not only about carrying the right equipment. It is also about knowing how to do something in the most effective way possible. This activity will make them active members of the community using the skills, resources and connections at hand.

1. Print a rough map of the local area and hand one to each young person or one between two.
2. Ask the young people to think about all the water linked locations in the area and add them where they think they are on the map.
3. Next, draw on your map or mark with coloured dots where you can share messages in your local community (church, school, town noticeboard, newspaper, swimming pool).
4. See if there is a way to link them up on a walk around your local area. Think about a good place to finish the walk, where you can explain to people why you were doing the walk (maybe the local town centre or back at the Scout meeting place).
5. Draw pictures of powerful people in your community that can help spread your message (teachers, politicians, councillors, parents, business owners) and stick them on your map in relevant places.
6. Draw or stick stars on the top three places and people that you think will help spread your message in the most effective way possible and discuss why.
7. Think about whether there are any other youth organisations locally you can invite to join you on your walk or who else you could invite – family, friends, local MPs, the Mayor, a local celebrity?
8. Consider if you are going to carry water, or walk a distance comparable to the walks done by people in Madagascar who have to walk such distances.
9. You could also make some banners or leaflets about the extent of the water crisis and how we can solve it, and walk through your town on the water walk explaining your message to the people you meet.
10. Remember a key part of this activity is to tell the world about your walk and why it's so important we tackle the global water and sanitation crisis. If you have a County Media Development Manager, contact them and discuss how they can help you with local media work. Monitor the local news for any press coverage and record it. If you don't have a County Media Development Manager, please contact the Scout Media Team on 0845 300 1818 or communications@scouts.org.uk.



TAKE ACTION

Walk for Water

Overview: This activity gets young people out on their feet having first-hand experience of the issues some people face accessing water.

Outcome: Through the water walk the Cubs will have explored your local area and shared their knowledge of the water crisis with their community.

Time: Dependent on length of hike

Equipment:

- Up to 20kg of water, supportive backpack, map, compass, water to drink and food to eat

Linked badges:



Activity instructions:

1. You are going to **Walk For Water** to raise awareness and money around the water crisis with your Pack. Before you head out and as you walk explore some of the issues people face accessing water every day – How far do they have to walk? How much do they have to carry? Where do they get their water from? This will be helpful for your invited guests to learn a little more about the water crisis.
2. If the Cub Scouts are going to carry water, consider how this might be divided between people if it's very heavy. This might help you to think about how much water some people have to carry every day.
3. Before heading out on the walk, make sure you have all other essential items you need for the trip. For example: a map, compass, first aid kit and enough food and water.
4. Whilst on the walk consider how you might find water if you didn't have bottled water with you? Have you seen any streams/ponds/puddles? Would this water be safe to drink? How might you collect the water?
5. At the end of the hike reflect on how difficult the weight of the water made it for you to walk. Discuss how doing the walk made you feel about what some people have to do everyday to access water. Use your experience to let others know about the difficulties suffered by millions of people across the world who have to walk with water every day.
6. As you walk, look out for the water features you discussed in your planning session and make sure you add them to your maps. Also, mark any features you hadn't discussed (interesting manhole covers, animal drinking troughs, fire hydrants).
7. Tell the world about the walk and why it's so important that everyone everywhere has access to clean water and toilets. Take photos and share them on social media straight away or via your Scout District or County media team. Also share them as soon as possible with WaterAid at pressoffice@wateraid.org so we can share an overview of all the activities that happened nationally.

LEARN AND DO MORE

Overview: This activity brings together the learning from the walk and the learning about the issue, and explores methods to deepen this knowledge with the help of accessible expertise.

Outcome: Cub Scouts will have learned where they can get additional information and will have increased their knowledge, so that they can continue to share messages around the issue of water and sanitation.

Time: 1 hour including speaker

Equipment: Internet access to find information about local water companies and to access the WaterAid Speaker Network.

Linked badges:



Activity instructions:

1. In your meeting place, divide the young people into small groups and ask them to compare their maps from the walk.
2. As a whole section, discuss how much work it takes to provide clean water and sanitation to buildings in the local area.
3. Think about how complicated it must be to provide clean water and sanitation to people in poorer parts of the world.
4. See if you can find any stories locally about how water and sanitation were supplied. Your local water company might be able to help with this.
5. Look at the story from Madagascar in Appendix 2.
6. Collect your fundraising money.
7. Book a WaterAid speaker and ask them to share their WaterAid activities or stories with your group. Let us know that you took part in the Walk for Water and our speaker will present our certificate of participation before you hand over your cheque. Or contact us to make other arrangements for payment at scouts@wateraid.org.
8. If you haven't done so already remember to send the story of your walk to your Scout District or County media team and also to pressoffice@wateraid.org. You can build this into your programme using the Tell the World activity.

TELL THE WORLD

Overview: This activity will help the young people to plan a community event to raise awareness of the issues of clean water, sanitation and hygiene (WASH). They will choose which issues to focus on and think about the best way to raise awareness of them in your community. They will consider the logistics of their event and the best ways to promote it.

Outcome: Young people will feel confident in sharing their experience and expertise with a wider group of people in order to help reach the goal of access to water for everyone everywhere in their lifetime.

Time: Preparation – 30 minutes; Community activity – 45 minutes to 1½ hours

Equipment: Pens, paint and paper for the preparation stage. Appropriate equipment for the activity

Linked badges:



Activity instructions:

Deciding on the issues

1. Ask the young people to think of their favourite TV advert.
2. Ask them to think about how the advert made them feel the first time they saw it. What is it about the advert that makes it memorable? Take some suggestions from the young people.
3. Ask them to work in groups and write down what they can remember about water, sanitation and hygiene issues – either in the local community or WaterAid's work in other countries. You could ask them to write keywords only or to include sketches.
4. Ask them to identify the three most interesting or memorable things from their lists.
5. Next, ask if they can add how they found out about these issues. What made them memorable? What made them stand out?
6. The issues may be related to WaterAid's work in other countries. If so, the young people could find out more information about the issues on the WaterAid website. If the issues are local issues, they could look at their local water company website and the environment agency website to see if there are any local concerns or risks related to water, sanitation or hygiene. Ask the groups to find three memorable facts about each issue to present. They should then think of three multiple-choice questions to quiz the rest of the section.
7. Each group should present the three issues they have identified, giving three memorable facts about each issue. They should then ask their multiple-choice questions, and the others could answer by moving to a specific area in your meeting place. Ask those who answered correctly what it was about the fact that made it memorable.

Deciding how to communicate the message

1. Ask the young people what they can do to get their local community to help solve the problems they have identified. They might suggest raising awareness of the issues, asking people to lobby their MP or local decision makers, or encouraging people to do something in their own lives to make a difference. This might even be another fundraising opportunity.
2. Thinking about their earlier ideas of what makes a message memorable, ask the young people to think of interesting ways to engage people in their chosen issues. It is important that the messages they

want to share are shared in a way that suits the people they talk to. For example, if speaking to young children in a school, they could play a game with them. If they are speaking to an audience of adults at a community centre, they could use a slide show of photographs to explain activities they have done.

3. They could make leaflets to give out to people, or collect signatures for an MP or for a national campaign. It is often a good idea to have physical props or to get people involved in an activity to help them take an interest in an issue. For example, they could:
 - make an eye-catching model of a toilet to help them tell people about the sanitation crisis
 - invite people to help make tippy-taps to help them understand the issues around access to clean water
 - look through the resource pack and pick other activities that they can do to help share their messages



Choosing a location

It is often more effective to go to a place where there are already lots of people. If they have completed the Community Mapping exercise that is also in the Plan Action part of the pack, the young people will already have some good ideas about where to hold their event. Alternatively, they might want to pick from one of these venues:

- Local market place
- Local park
- School
- Nursery
- District, County or Regional Scouting event
- Library or museum
- Meeting place
- Picnic in a park

If using your regular meeting place, they could invite people to come and take part in a joint activity, such as planting a tree or adding their wishes for the future to a time capsule. For this type of event, there are a few more things they would need to consider, such as how they would promote it and if they were going to offer visitors refreshments.

For other locations, the young people will need to decide who is going to ask permission to hold their event. How they run their event will depend on the activities and the venue they have chosen. Here are some ideas you could share with them. Further details can be found in the main resource pack downloadable from bit.ly/waterresourcepack.

Promote your event

- Hold a poster-making session to attract as many visitors to your event as possible. Posters should be eye-catching and have all the important information such as: the date, time, location, cost (if any), who is organising it and why. Think about where the posters can be displayed.
- You could ask the local newspaper to help publicise the event by issuing a press release. See the example in the Promote Your Event activity in the main resource pack.
- Promote your event online using social media channels and local community pages.

And finally, remember to complete your actions on the A Million Hands website: amillionhands.org.uk/user/login

Next steps

It is a good idea to create an action plan to make sure that as much as possible is planned in advance and everyone is clear about who will do what job and when it needs to be done by.

Action plan

What?	Who?	When?	Completed?
Decide what your key messages will be.			
Decide how to communicate your messages.			
Choose your location and a date.			
Ask for permission to be there.			
Gather all materials needed for props or activities.			
Organise transport of your materials to the venue.			
Decide who is going to attend.			
Does everyone have a job?			
Send invitations to any important people you would like to attend.			
Contact your Scout District or County media team to discuss how they can help.			
Create and put up posters in the community.			