

A MILLION HANDS

WATER SANITATION AND HYGIENE (WASH) RESOURCE PACK

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In partnership with



THE A MILLION HANDS BIG MOMENT

Clean drinking water and good sanitation are essential, yet one in ten people around the world still lack basic access to clean water, while 2.3 billion – that's one in three people – have nowhere adequate to go to the toilet. As a result, 800 children die from diarrhoea every single day.

But it doesn't have to be this way; in our lifetime, we can end this crisis, and Scouts can be part of making this happen.

Walk for Water

To mark World Water Day in March 2018, we are asking Scouts across the UK to join the global call for water and toilets for everyone everywhere by taking part in a Walk for Water.

A Walk for Water is a sponsored walk to increase awareness of water and sanitation issues and to raise money to support Scouts in Madagascar who are working with their communities, local organisations and the government to help improve access to clean water and sanitation across their country, where over half of the population has no choice but to drink water so dirty it could kill them.

Water Walk Inspiration

We are asking Explorer Scouts and Scout Network members to organise their own water walk or help organise a water walk in their District that other members, other youth organisations or members of the community could join. They could carry water or other objects on their water walk to experience the burden people carry. In some developing countries, many women and children have to walk long distances carrying water in containers as heavy as 20kgs – that's the same weight as the average airline luggage allowance.

The walk could be an equivalent distance or amount of time that a young person who doesn't have easy access to clean water would have to do. In Sub-Saharan Africa, women and young girls walk an average of half an hour to collect water, sometimes up to four times a day. This is an average, so some people have to spend even more time collecting water.

Perhaps Explorers and Network members can find a local water feature important to the history of water and sanitation provision in their town, or take a water journey along a canal or riverside.

The important thing is to organise a sponsored walk for between 17 and 25 March of 2018, and make some noise about it in the community to raise awareness of issues around water and sanitation and to support the work of Scouts in Madagascar, who are working to bring clean water and education on sanitation to villages there.

World leaders have committed to ensure universal access to water and sanitation by 2030. By working with WaterAid through the A Million Hands partnership, Scouts can help achieve this ambitious goal and transform lives across the globe.

CALENDAR

<p>September 2017</p> <p>Understand the Issue</p> <p>Send us an email to let us know you are supporting us and we'll send you your welcome pack.</p>	<p>October 2017</p> <p>15 October: Global Handwashing Day</p>	<p>November 2017</p> <p>Plan Action</p> <p>Plan your route for your water walk.</p> <p>We will send you your fundraising pack as you plan your action.</p> <p>17 November: World Toilet Day</p>	<p>December 2017</p> <p>Contact your MP to join you on your walk.</p>	<p>January 2018</p>	<p>February 2018</p>
<p>March 2018</p> <p>Take Action</p> <p>17- 25 March</p> <p>Do your Walk for Water!</p>	<p>April 2018</p>	<p>May 2018</p> <p>Learn and Do More</p> <p>Find out where to look for more information on water and sanitation.</p>	<p>June 2018</p> <p>Tell the World</p> <p>Share the message around water and sanitation with others by organising a community event.</p>	<p>July 2018</p> <p>Join a Jamboree with a water issue stand.</p> <p>Send us the images.</p>	<p>August 2018</p> <p>Join a Jamboree with a water issue stand.</p> <p>Tweet us while you are there.</p>

Badges and Top Awards



Network members working towards this as an event or project may earn the A Million Hands- Clean Water and Sanitation Virtual Badge.



Some of the activities in this pack could be used towards the International, Communities and Values list as part of the Chief Scout's Platinum and Diamond Awards and the Queen's Scout Award. For example, supporting younger sections to understand about water and sanitation and the work of Scouts in Madagascar.

UNDERSTAND THE ISSUE

Scouts in Madagascar

Overview: This activity helps Explorers and Scout Network members to think about the worldwide family of Scouting and what Scouts are doing in their communities in other countries to make a difference. The session focuses on the work of Scouts in Madagascar, who are working to improve access to clean water and educate others about sanitation.

Outcome: Through the activity Explorers and Network members will understand the work of Scouts in Madagascar and will share this knowledge with others, encouraging others to support the work.

Time: 1 hour

Equipment:

- Videos on Scouts in Madagascar

Linked badges:



- This activity also links to the world and community themes of the Explorer Programme and the international and community themes of the Scout Network Programme.

Activity instructions:

1. Explain to the Explorer Scouts or Scout Network members that WaterAid works with local partners in some of the world's poorest communities to provide people with clean water, toilets and hygiene facilities. One of the partners that WaterAid works with is Scouts in Madagascar.
2. Discuss how Scouts in Madagascar work to improve access to clean water and educate others about sanitation, showing examples of the work they have done and talking about the benefits.
3. Take a look at the story of how you can help transform lives in Appendix 2.
4. Talk about how by partnering with Scouts in Madagascar, rather than sending people into Madagascar to help, we are creating a much more sustainable and impactful project and equipping local young people with skills.
5. Look at the distance that young people often have to walk in some countries to get water and how much they have to carry. Compare the amount that they carry to the amount we use on average every day in the UK. Ask members to think about if they only had this amount of water how they would prioritise what they use water for.
6. Challenge the Explorer Scouts or Network members to think about how they share this knowledge with others and how they can tell others – younger sections, other youth organisations and the community – about the work Scouts are doing to improve the lives of people in Madagascar and what they can do to support this work. Encourage them to create some way of presenting this information to share with others in a fun and creative way. Ask them to consider their audience and the best way to tailor information to them so it is engaging.
7. Contact WaterAid for our Malagasy Scout information Pack from scouts@wateraid.org.

PLAN ACTION

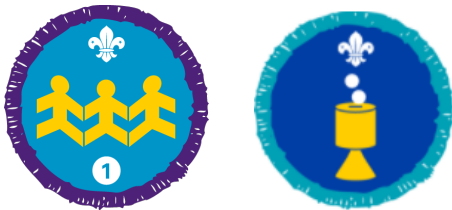
Overview: Between the 17 and 25 of March undertake a local Walk for Water to raise money for a Scout Programme in Madagascar to help solve the water crisis there and to share the message of the water crisis with the local community.

Outcome: In planning the walk, Explorer Scouts and Scout Network members will take responsibility for the route and identify people who can help support the activity and help to promote their walk. By the end of the session the young people will be ready to collect sponsorship, know the reason for the route they are taking, and will have invited people in the community and other sections or other youth organisations to have joined their walk.

Time: 1 hour

Equipment: Maps of the local area

Linked badges:



- This activity is all about planning a route. This could be used as a great way of learning the skills needed to plan a route for expeditions that are needed for the requirements of the top awards.
- This activity would count towards the community, outdoor and adventure themes of the Explorer Scout and Scout Network Programme.

Planning the Walk for Water

1. Remind everyone of the topic and purpose of the session: to plan a water walk that raises awareness of water and sanitation as a major global issue and to support the work of Scouts in Madagascar who are working to provide clean water there.
2. Think about who could take the lead on this activity and how the team will work together to develop a route that is meaningful to the issue of water and sanitation, offers an element of outdoor and adventure and involves members of the community.
3. Before you begin planning the route, ask the group to think about how far they would like the water walk to be. They might like to consider:
 - Whether they are going to walk 20 miles (the distance that some people have to walk to access clean water) or another distance.
 - If this is a sponsored walk, and as Scouts, there should be an element of challenge and this should be reflected in the route.
 - As challenge is personal, encourage the section to think about how inclusive the route is. Could there be different marker points within the route and different distances people can join in for if they are not able to do the full distance?
 - If they are inviting members of the community who are less mobile, are there sections they can join in with and support?

- Could they use relay teams to cover the distance?
 - Are they going to also carry 20kg of water for the route? Will they split this between them?
4. Hand out the maps of the local area and begin to route plan with the young people. They might like to consider the following:
 - Do you want to invite people to join different legs of the journey for morale or for the whole thing?
 - Is there a section of the journey that will travel through the community, so that the young people have a community presence and can spread their message?
 - How will they make the walk look visually interesting to encourage people to notice and ask questions? Will they dress up? Carry taps? Carry water? Wear blue face paint?
 5. Consider logistics:
 - Will there be markers and or marshals?
 - How much food and drink will they need to pack?
 - Have they planned for different weather conditions (March can be quite changeable)?
 6. Encourage the young people to think about who to invite and create a list of people to contact. Think about who in the community is an influencer and makes decisions. Discuss the purpose of inviting these people. Are you inviting younger sections and other youth organisations to help raise awareness, educate and show the collective impact young people can have? Are you inviting local MPs to help press the importance of the issue? Are you inviting local businesses to get them to think about water and sanitation and to support and sponsor the walk?
 7. Once the group have decided on an appropriate route and identified who they would like to invite, delegate tasks of who will be responsible for contacting these.
 8. Lastly, consider how you promote the event. You could use:
 - Social media
 - Posters
 - Local radio
 - Local papers
 - Local community online channels and community pages
 9. Remember to include all the important information such as: the date, time, location, cost (if any), who is organising it and why.

Remember the more people who attend the walk, the bigger presence you will have and the more awareness you can raise. This is also an opportunity to bring members of the community together with a common purpose and the walk can help to show how Scouts play a relevant role in today's society.

TAKE ACTION

Walk for Water

Overview: This activity gets young people out on their feet having first-hand experience of the issues some people face accessing water.

Outcome: Through the water walk the Explorer Scouts and Scout Network Members will have explored and thought about your local area sharing their knowledge of the water crisis with their community.

Time: Dependent on length of hike

Equipment:

- Up to 20kg of water, supportive backpack, map, compass, water to drink and food to eat

Linked badges:



- This activity would count towards world/ international, community, outdoor and adventure themes of the Explorer Scout and Scout Network Programmes.

Activity instructions:

1. You are going to **Walk For Water** to raise money and awareness around the water crisis.
2. Before you head out, explain the purpose of the walk and give some context to those who are joining you. This will help them to understand why you are fundraising for Scouts in Madagascar.
3. Make sure you have all other essential items you need for the trip. For example: a map, compass, first aid kit and enough food and water.
4. Whilst on the walk consider how you might find water if you didn't have bottled water with you? Have you seen any streams/ponds/puddles? Would this water be safe to drink? How might you collect the water?
5. As you walk look out for the water features.
6. Use your own Snapchat, Instagram and Facebook accounts to make some noise about your walk. Find the hashtags for the campaign by emailing us at scouts@wateraid.org.
7. Consider filming, live streaming or preparing a vlog of your walk and showing how your community is coming together to support Scouts in Madagascar to help provide clean water.
8. Tell the world about the walk and why it's so important that everyone everywhere has access to clean water and toilets. Take photos and share them on social media straight away and send them directly to your Scout District or County media team. Also share them as soon as possible with WaterAid at pressoffice@wateraid.org.
9. At the end of the hike reflect on how difficult the weight of the water made it for you to walk. Discuss how doing the walk made you feel about what some people have to do every day to access water. Use your experience to let others know about the difficulties suffered by millions of people across the world who have to walk every day with water.

LEARN AND DO MORE

Overview: This activity brings together the learning from the walk and the learning about the issue. It explores methods to deepen this knowledge and share it with others, and encourages the young people to think about future opportunities.

Outcome: Explorer or Scout Networks will have learned where they can get additional information and how to add this to what they have already learned so that they can continue to share messages around the issue.

Time: 1 hour (including the speaker)

Equipment: Internet access

Linked badges:



Activity instructions:

1. In your meeting place, reflect on how you found the walk and make sure you have sent the money you have fundraised to WaterAid.
2. Spend some time looking at projects that WaterAid are currently working on.
3. Think about whether you would like to run an event on water and sanitation in the future and what impact this will have and on who. You could run a session with a younger Scout section on water and sanitation, such as making water filters or recreating a hand washing game (which could also count towards a top award). Ideas for activities to be used with younger sections can be found in the larger WaterAid pack, which can be found on the Million Hands website.
4. Similarly, you could continue to support WaterAid through other opportunities they offer. For example, did you know that Scout Network members can support WaterAid by raising awareness of the issue of water and sanitation at Glastonbury music festival?
5. Other opportunities your Unit or Scout Network can get involved with and might want to find out more about:
 - The Speaker Network
 - Setting up a local or university group
 - Event support (cheer points or at a stand)

If you haven't done so already remember to send the story of your walk to your Scout District or County media team and also to pressoffice@wateraid.org. You can build this into your programme using the Tell the World activity.

TELL THE WORLD

Overview: This activity focuses on supporting Explorer Scouts and Scout Network members to engage others in issues of water, sanitation and hygiene (WASH), talk about the work of Scouts in Madagascar and share what they did as part of their water walk. They will choose which issues to focus on and think about the best way to raise awareness of them in your community.

Outcome: Everyone will feel confident in sharing their experience and expertise with a wider group of people in order to help reach the goal of access to water for everyone everywhere in our lifetime.

Time: Preparation – 30 minutes; Community activity – 45 minutes to 1½ hours

Equipment: Pens and paper for the preparation stage. Appropriate equipment for the activity

Linked badges:



Activity instructions:

Deciding on the issues

1. Ask everyone to think of their favourite TV advert and to think about how the advert made them feel the first time they saw it. What is it about the advert that makes it memorable? Take some suggestions and share ideas.
2. In groups, ask the young people to write down what they can remember about water, sanitation and hygiene issues – either in the local community or WaterAid's work in other countries. You could ask them to write keywords only or to include sketches.
3. Ask them to try and identify what made those things stick out? Are they shocking? Interesting? Funny? Catchy?
4. The issues may be related to WaterAid's work in other countries. If so, they could find out more information about the issues on the WaterAid website. If they are local issues, they could look at their local water company website and the environment agency website to see if there are any local concerns or risks related to water, sanitation or hygiene.
5. Ask them in small groups to find three memorable facts about each issue to present. They should then think of three multiple-choice questions to quiz the rest of the group.
6. Encourage them to think about how they make this information memorable to others.

Deciding how to communicate the message

1. Ask the Explorer Scouts or Scout Network members what they can do to get their local community to help solve the problems they have identified, either local issues or global issues on water, sanitation and health.
2. They might suggest:
 - raising awareness of the issues
 - asking people to lobby their MP or local decision makers
 - encouraging people to do something in their own lives to make a difference
 - this might even be another fundraising opportunity
3. Thinking about their earlier ideas of what makes a message memorable, ask them to think of interesting ways to engage people in their chosen issues. It is important that the messages they want to share are shared in a way that suits the people they talk to. For example, if they are speaking to young children in a

school, they could play a game with them. If they are speaking to an audience of adults at a community centre, they could use a slide show of photographs to explain activities they have done.

4. They could make leaflets to give out to people, or collect signatures for an MP or for a national campaign. It is often a good idea to have physical props or to get people involved in an activity to help them take an interest in an issue. For example, they could:

- make an eye-catching model of a toilet to help them tell people about the sanitation crisis
- invite people to help make tippy-taps to help them understand the issues around access to clean water
- look through the resource pack and pick other activities that they can do to help share their messages



Choosing a location

If the group choose to tell the world through engaging with others in the community at a face to face event, it is often more effective to go to a place where there are already lots of people. Consider carrying out a Community Mapping activity to work out where the key places in your local community are.

Alternatively, they might want to pick from one of these suggested venues:

- Local market place
- Local park
- A school
- District, County or Regional Scouting event
- Library or museum
- Meeting place

If using the regular meeting place, they could invite people to come and take part in a joint activity, such as adding their wishes for the future to a time capsule.

For other locations, it will need to be decided who is going to ask permission to hold their event.

Further activity ideas can be found in the main resource pack downloadable from bit.ly/waterresourcepack.

Promote your event

Similarly to holding the water walk, the young people would need to think about how to promote and tell the world about the event.

And finally, remember to complete your actions on the A Million Hands website: amillionhands.org.uk/user/login

Next steps

It is a good idea to create an action plan to make sure that as much as possible is planned in advance and everyone is clear about who will do what job and when it needs to be done by.

Action plan

What?	Who?	When?	Completed?
Decide what your key messages will be.			
Decide how to communicate your messages.			
Choose your location and a date.			
Ask for permission to be there.			
Gather all materials needed for props or activities.			
Organise transport of your materials to the venue.			
Decide who is going to attend.			
Does everyone have a job?			
Send invitations to any important people you would like to attend.			
Contact your Scout District or County media team to discuss how they can help.			
Create and put up posters in the community.			