

# Activity Guide

Read our guide below to see how this activity could work for you!

## At school

### Early Years

Use this activity as a demonstration to show students how germs stick to their hands and how soap helps keep them clean. This could be used when embedding important hygiene routines into the school day, such as washing hands after going to the toilet.

### Primary

Use this activity to teach students about microbes in Science or food safety in Design and Technology. Ask students to perform the experiment in groups and have a class discussion using the suggested discussion points provided.

### Secondary

This activity works well as a lesson 'hook' or starter task in subjects such as Food Technology, Science and PSHE. Use it as a reminder of why we need to use soap and encourage class discussion using the suggested discussion points provided.

## At home

Use this activity to open conversations about handwashing at home. Do the experiment before eating a meal to show your child how handwashing with soap prevents germs from spreading. You could also use this activity as a visual demonstration of why we need to wash our hands to stop the spread of COVID 19.

## Guides and Scouts

This activity can be used as a reminder of why we should wash our hands after being out in the local community and in the great outdoors. After completing the activity, ask the group to make a hygiene guide or a poster which explains the importance of handwashing.

