



**Lent Appeal
2025**
Jars of Change

World Water Day activity sheet

Lent is a time to reflect and for many, it is also a time of sacrifice. Many mothers like Mastewal have to make many sacrifices for the sake of their children, such as walking great distances just to get clean water.

Use **World Water Day** on **22 March** to introduce your younger church members to the importance of clean water, and explore why so many people are still living without.

703 million people in the world – that’s almost one in ten of us – don’t have clean water close to home.

Without this basic human right, whole communities are held back: children miss out on an education, people struggle to earn a decent living, and families are often ill.

You can use World Water Day as an opportunity to demonstrate to children the importance of water, learn about some of the barriers that prevent people accessing this vital resource, and explore how WaterAid works with communities to reach everyone, everywhere with clean water.

Mark the day with our fun and educational activities for children. Visit our webpage for our free downloadable resources including a wordsearch, crossword and maze activity: www.wateraid.org/uk/get-involved/teaching-resources/world-water-day-activities



WaterAid/ Rachel Seibu



WaterAid/ Fehiwot Gebrewold

Activity

The water cycle

Encourage your younger members to learn more about the water cycle with the colouring in sheet provided on the reverse. As they colour, they’ll see how water flows through a system.

Photocopy this page to share with children or alternatively, download and print the sheet from our website: wateraid.org/uk/lent

Top: Mastewal at her home in Ambomesk, Ethiopia, in April 2023.

Bottom: 4-year-old Blen washes her hands outside her house in Amhara State, Ethiopia, in October 2021.



Water Cycle

The world's water moves between lakes, rivers, oceans, the atmosphere and the land in an ongoing cycle called the water cycle. Colour in the picture to learn each step of the cycle.

