



# Jars of Change

Lent Appeal 2019

## Lenten activities

Give your class an insight into life in Malawi with two engaging classroom sessions.

Inspire your pupils to get involved in WaterAid's Jars of Change appeal and learn more about life for children around the world.

### Activity one

Find out what the children know about Lent. You could ask questions like, how long is it? What does it prepare us for? What do people do during Lent? And other questions you feel would be at an appropriate level for your group.



No doubt, at some stage the idea of giving something up will be raised. Follow up on this idea by asking who would be willing to give up school? There may be a lot of enthusiasm for this idea but try to get the children to think about what they would miss out on if they didn't go to school. You could use some props to help with this e.g. a board game or some medicine – how would they read the instructions without learning to read at school? A picture of friends – you might miss out on meeting people. A musical instrument – who learns to play an instrument at school? A sports ball – anyone play for a school team? Some sweets with price labels attached (you could use paper luggage labels) – would you be able to add the prices to work out the total cost without going to school?

Explain how many children miss out on education at school or home because they have to do difficult chores instead. Maybe fewer members of your group would like the

idea of missing school if they were having to do jobs! One task that many children around the world have to do is collect water.

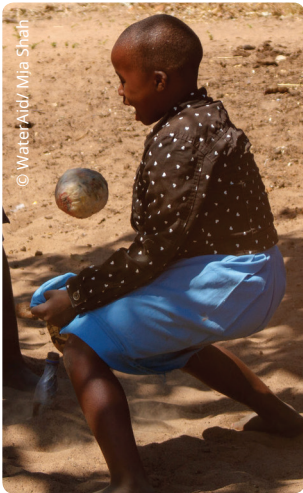
Explain that this year, during Lent, you are raising money for WaterAid, helping people around the world get access to clean water close to their homes.

Use the presentation to talk about the lives of Maliya and Malita. How has Malita's life changed since she got access to clean water?

You can use a jerry can (ask any campers in your school to lend you one) filled with 10 litres of water (or 20 litres for older children) to illustrate the weight that children like Maliya or Malita have to carry every day.

Visit [www.wateraid.org/uk/schools](http://www.wateraid.org/uk/schools) for further resources and fundraising ideas

## Activity two



Explain that you are going to play a game called “magele” which many children play in Malawi.

### Rules:

Two people have a ball (use a sponge ball or a rolled-up ball of paper), and they have to throw it at a third person who stands in the middle. The third person has to dodge the ball or try to catch it and throw it as far away as possible. This person also has an empty bottle that they have to try to fill up with sand while trying not to get hit! If they manage to fill the bottle they win.

After you have finished playing the game make sure everyone washes their hands. Discuss why it is important to wash hands.

Using the presentation, tell your class about Maliya and Malita (or if you have already used it in the previous session, remind them of the two girls).

Explain that you are supporting WaterAid who believes that everyone, everywhere should have access to clean water.

Talk about Jars of Change. Ask the children to decorate a jar sleeve each. They might want to add their own message too.

**Once they have finished decorating the jar sleeves, they can be fitted inside the jars.**



Maliya and her mother at the water kiosk

End the session by getting the children to take it in turns to mention one thing we use clean water for and see how many they can think of.

You could do it like a memory game:

‘I use clean water to drink.’ I use clean water to drink and to wash with.’ ‘I use clean water to drink, to wash with and to give to my plants’, and so on.

Discuss how much water we use every day and where we get our water from.

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